



MONTHLY MENU 2020



	Mon	Tue	Wed	Thu	Fri
Week 1	Breakfast: Corn Flakes Bananas, Milk Homemade Spaghetti with Turkey Meatballs Fresh Green/Spinach Salad Peaches & Milk  PM Snack: Ritz Crackers, Cream Cheese & 100% Juice	Breakfast: Oatmeal, Mandarin Oranges, Milk Homemade Spinach & Cheese Pizza On Whole Wheat Crust Fresh Steamed Normandy Vegetable Blend Fresh Apple Slices & Milk PM Snack: Cheez its, & Fresh Carrot Dippers	Breakfast: Whole Wheat Waffles, Applesauce, Milk Homemade BBQ Chicken Sandwiches Fresh Carrot Dippers Pears & Milk PM Snack: Fresh Apple Slices, Animal Crackers & Chilled Water	Breakfast: Bagels, Fresh Berries, Milk Fish Tacos with Fresh Slaw Green Beans Tropical Fruit Cocktail & Milk PM Snack: Pretzels, Fresh Pear Slices with Chilled Water	Breakfast: Life Cereal, Fresh Bananas, Milk Grilled Cheese Sandwiches On Whole Wheat Fresh Sliced Cucumbers Mandarin Oranges & Milk  PM Snack: Snack Mix & Chilled Water
Week 2	Breakfast: Cheerios, Fresh Bananas, Milk Homemade Chicken Alfredo Fresh Steamed Broccoli Peaches & Milk PM Snack: Saltines, Sliced Cheese & 100% Juice	Breakfast: Cinnamon Raisin Toast, Pineapple, Milk Baked Bean & Cheese Burritos Fresh Steamed Corn Fresh Orange Slices & Milk  PM Snack: Veggie Sticks, Fresh Carrot Dippers & Chilled Water	Breakfast: Whole Wheat Pancakes, Applesauce, Milk Baked Chicken Nuggets Fresh Steamed Peas Pears & Milk PM Snack: Fresh Orange Slices, Animal Crackers & Chilled Water	Breakfast: English Muffins, Peaches, Milk Homemade Mac & Cheese Steamed Mixed Veggies Fruit Cocktail & Milk  PM Snack: Yogurt, Fresh Berries Chilled Water	Breakfast: Rice Crispies Fresh Bananas, Milk Turkey & Cheese Sandwiches Fresh Celery Dippers Mandarin Oranges & Milk PM Snack: Snack Mix & Chilled Water
Week 3	Breakfast: Corn Flakes, Fresh Bananas, Milk Homemade Spaghetti with Turkey Meatballs Fresh Green/Spinach Salad Peaches & Milk  PM Snack: Ritz Crackers, Cream Cheese & 100% Juice	Breakfast: Oatmeal, Mandarin Oranges, Milk Chicken Teriyaki with Steamed Rice Fresh Steamed Normandy Vegetable Blend Fresh Apple Slices & Milk PM Snack: Cheez its, & Fresh Carrot Dippers Chilled Water	Breakfast: Whole Wheat Waffles, Applesauce, Milk Baked Beans with Chicken Franks Fresh Carrot Dippers Pears & Milk  PM Snack: Fresh Apple Slices, Animal Crackers & Chilled Water	Breakfast: Bagels, Fresh Berries, Milk Baked Fish Sticks Green Beans Tropical Fruit Cocktail & Milk  PM Snack: Pretzels, Fresh Pear Slices with Chilled Water	Breakfast: Life Cereal, Fresh Bananas, Milk Grilled Cheese Sandwiches On Whole Wheat Fresh Sliced Cucumbers Mandarin Oranges & Milk PM Snack: Snack Mix & Chilled Water
Week 4	Breakfast: Cheerios, Fresh Bananas, Milk Homemade Chicken Alfredo Fresh Steamed Broccoli Peaches & Milk PM Snack: Saltines, Sliced Cheese & 100% Juice	Breakfast: Cinnamon Raisin Toast, Pineapple, Milk Homemade Chicken Tacos With Lettuce & cheese Fresh Steamed Corn Fresh Orange Slices & Milk  PM Snack: Veggie Sticks, Fresh Celery Dippers & Chilled Water	Breakfast: Whole Wheat Pancakes, Applesauce, Milk Baked Cheese Quesadillas Fresh Steamed Peas Pears & Milk PM Snack: Fresh Orange Slices, Animal Crackers & Chilled Water	Breakfast: English Muffins, Peaches, Milk Beef Chili w/ Whole Wheat Rolls Steamed Mixed Veggies Fruit Cocktail & Milk  PM Snack: Yogurt w/Fresh Berries & Chilled Water	Breakfast: Rice Crispies, Fresh Bananas, Milk Tuna Sandwiches On Whole Wheat Bread Fresh Celery Dippers Mandarin Oranges & Milk PM Snack: Snack Mix & Chilled Water
Week 5 *Only if month has 5th week	Breakfast: Corn Flakes, Fresh Bananas, Milk Homemade Spaghetti with Turkey Meatballs Fresh Green/Spinach Salad Peaches & Milk PM Snack: Ritz Crackers, Cream Cheese & 100% Juice	Breakfast: Oatmeal, Mandarin Oranges, Milk Baked Cheese Quesadillas Fresh Steamed Normandy Vegetable Blend Fresh Apple Slices & Milk PM Snack: Cheez It's Carrot Dippers, & Chilled	Breakfast: Whole Wheat Waffles, Applesauce, Milk Homemade Chicken Enchilada Casserole Fresh Carrot Dippers Pears & Milk PM Snack: Fresh Apple Slices, Animal Crackers & Chilled Water	Breakfast: Bagels, Fresh Berries, Milk Baked Chicken Nuggets Green Beans Tropical Fruit Cocktail & Milk PM Snack: Pretzels, Fresh Pear Slices with Chilled Water	Breakfast: Life Cereal, Fresh Bananas, Milk Grilled Cheese Sandwiches On Whole Wheat Fresh Sliced Cucumbers Mandarin Oranges & Milk PM Snack: Snack Mix & Chilled Water

Whole Milk served for 12-24 months of age & 1% Milk served for Ages 2 & Up